



# SkinIdent®

PRODUCT PRESCRIPTIONS  
TREATING SKIN CONDITIONS & REACTIONS

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	Night	Day
Cystic /Pustular Acne		
Cleansers/Toners	Facial Cleanser/Facial Tonic	Facial Cleanser/Facial Tonic
Liposomes	Dr Baumann Tea Tree Manuka and Lavender	Dr Baumann Tea Tree Manuka and Lavender
Ampoules	Recommended Dr Baumann Herb Vital	Glucosamin Super
Creams	Pure Essential Cream Oily/Normal	Pure Essential Cream Oily/Normal
Eyes	Eye Gel (Opt)	Eye Gel (Opt)
Masks	Dr Baumann Cream Mask Oily and impure skin	Dr Baumann Cream Mask Oily and impure skin
SPF		Dr Baumann SPF 25 Oil Free

	Night	Day
Mild Acne /Comedones Milia		
Cleansers /Toners	Face Cleanser/Facial Tonic	Face Cleanser/Facial Tonic
Liposomes	Dr Baumann Active Care	Dr Baumann Active Care
Ampoules	Dr Baumann Herb Vital	Glucosamin Super
Creams	Dr Baumann Sensitive Super Light	Dr Baumann Sensitive Super Light
Eyes	Eye Gel Opt	Eye Gel Opt
Masks	Dr Baumann Cream Mask Oily and Impure Skin	Dr Baumann Oily and Impure Skin
SPF		Dr Baumann SPF 25 Oil Free

	Night	Day
Sensitive Skin-Dry		
Cleansers /Toners	Facial Cleanser/Facial Tonic/Cleansing Milk	Facial Cleanser/Facial Tonic/Cleansing Milk
Liposomes	Liposome Pure Essential	Liposome Pure Essential
Ampoules	Lecithin Ceramid	Hyaluron
Creams	Ceramid Cream for Dry Skin/Essential for Dry skin	Ceramid Cream for Dry Skin/Essential for Dry skin
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream mask 2-3 times per week
SPF		Dr Baumann SPF 20/30

Sensitive/Couperose	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome Pure Essential	Liposome Pure Essential
Ampoules	Dr Baumann Horse Chestnut	Lecithin Ceramid
Creams	Essential Cream N/Oily or Dry	Essential Cream N/Oily or Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30

Sensitive/Weather Related	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome Essential	Liposome Essential
Ampoules	Hyluron Urea	Lecithin Ceramid
Creams	Ceramid Cream N/Oily or Dry	Ceramid Cream N/Oily or Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Liposome Vitamin Ceramid Mask 2-3 times per week
SPF		Dr Baumann SPF 20-30

	Night	Day
Sensitive/Eczema/Psoriasis/ Dermatitis		
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Essential/Liposome light	Liposome Essential/Liposome Light
Ampoules	Hyaluron -Urea	Lecithin Ceramid
Creams	Vitamin CreamOily/Normal or Dry	Vitamin CreamOily/Normal or Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Cream Mask 2-3 times per week OR	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30

Mature Skin	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome Vitamin/Liposome Super	Liposome Vitamin/Liposome Super
Ampoules	Hyaluron Urea	Glucosamin Super/Lecithin Ceramid
Creams	Ceramid Cream/Super Cream	Ceramid Cream/Super Cream
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask	Cream Mask 2-3 times per week
SPF		Dr Baumann 20,30,50



	Night	Day
Sun Damaged/Smokers Skin		
Cleansers /Toners	Facial Tonic Sp/Face Cleanser/Cleansing Milk Sp	Facial Tonic Sp/Face Cleanser/Cleansing Milk Sp
Liposomes	Liposome Vitamin/Liposome Super	Liposome Vitamin/Liposome Super
Ampoules	Dr Baumann Niacin/Glucosamin Super (SkinIdent)	Hyaluron Urea/Lecithin Ceramid
Creams	Vitamin Cream Oily/N or Dry Skin	Vitamin Cream Oily/N or Dry Skin
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

	Night	Day
Premature Ageing (Fine lines and wrinkles)30+		
Cleansers /Toners	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Ceramid	Liposome Ceramid
Ampoules	Vit EA lipid	Glucosamine Super/Hyaluron Urea
Creams	Vitamin Cream/Oily N or Dry	Vitamin CreamOily/N or dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Excessively Peeled Skin Chemical peels/laser/acutane Acutanelactic acid fruit acid	Night	Day
Cleansers	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Essential	Liposome Essential
Ampoules	Hyaluron Urea	Lecithin Ceramid
Creams	Pure Essential Oily/normal or Dry	Pure Essential Oily/normal or Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2x per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20

Adult Acne	Night	Day
Cleansers	Facial Cleanser/Facial Tonic	Facial Cleanser/Facial Tonic
Liposomes	Liposome Tea Tree	Liposome Tea Tree
Ampoules	Glucosamine Super Vitamin CHD Panthenol	Dr Baumann Herb Vital
Creams	VitaminCream Oily/N	VitaminCream
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Cream Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann Sun Gel SPF 25 oil free/Beau Caire SPF 8 oil free

Dehydrated Skin	Night	Day
Cleansers	Cleansing Gel/Milk/Tonic Lotion	Cleansing Gel/Milk/Tonic Lotion
Liposomes	Liposome Ceramid	Liposome Ceramid
Ampoules	Hyaluron Urea	Lecithin Ceramid
Creams	Ceramid Cream N/Oily/Dry	Ceramid Cream N/Oily/Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Dry Skin (Lack of Oil)	Night	Day
Cleansers	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Ceramid	Liposome Ceramid
Ampoules	Vitamin E,A,Lipid	Lecithin Ceramid
Creams	Vitamin Cream Dry Skin	Vitamin Cream Dry Skin
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

	Night	Day
Hyperpigmentation		
Cleansers	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Vitamin	Liposome Vitamin
Ampoules	Dr Baumann Niacin	Glucosamin Super
Creams	Vitamin Cream Dry/Oily Normal/dry OR	Dr Baumann Bleaching Cream
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Firming & Lifting	Night	Day
Cleansers	Cleansing Gel /Milk/Tonic Lotion	Cleansing Gel/Milk/Tonic Lotion
Liposomes	Liposome Vitamin Super Or	Liposome Super
Ampoules	Dr Baumann Niacin/Glucosamine Super	Lecithin Ceramid/Glucosamine Super
Creams	Ceramid Cream Oily/Normal/Dry Skin	Ceramid Cream Oily/Normal/Dry Skin
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50



	Night	Day
EYES		
Cleansers	Cleansing Gel	Cleansing Gel
Liposomes	Liposome Ceramid	Liposome Ceramid
Ampoules	Hyaluron Urea	Hyaluron Urea
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome VitaminCeramid 2-3 times per week	Liposome VitaminCeramid 2-3 times per week
SPF	As used on the face	As used on the face

	Night	Day
Seborreah (Excessive Oiliness)		
Cleansers	Cleansing Gel	Cleansing Gel
Liposomes	Liposome Light	Liposome Light
Ampoules	Dr Baumann Niacin/Glucosamine Super	Hyaluron Urea
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Cream Mask 2-3 times per week. OR Day	
SPF		Dr Baumann SPF 25 /Oil Free