



**SUPER CREAM**  
SUPER CÈME

**LIPOSOME  
MULTI ACTIVE  
Ceramid**

**DR. BAUMANN®**



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Bionome Skincare Made In Germany

**PRODUCT PRESCRIPTIONS**  
TREATING SKIN CONDITIONS & REACTIONS

# DR BAUMANN -TREATING SKIN CONDITIONS & REACTIONS



	Night	Day
<b>Cystic /Pustular Acne</b>		
<b>Cleansers/Toners</b>	Cleansing Gel/Facial Tonic Lotion N/Oily skin	Cleansing Gel/Facial Tonic Lotion N/Oily skin
<b>Liposomes</b>	Tea Tree Manuka and Lavender	Tea Tree Manuka and Lavender
<b>Ampoules</b>	Herb Vital	Herb Vital and or Niacin Vit B3
<b>Creams</b>	Zinc Cream	Sensitive Super Light
<b>Eyes</b>	Eye Gel (Opt)	Eye Gel (Opt)
<b>Masks</b>		Cream Mask oily/impure 2-3times p.w.
<b>SPF</b>		Sun Gel lotion oil Free SPF 25

<b>Moderate Acne</b>		
<b>Papules/Blackheads /Milia</b>	<b>Night</b>	<b>Day</b>
<b>Cleansers/Toners</b>	Cleansing Gel/Facial Tonic Lotion N/Oily skin	Cleansing Gel/Facial Tonic Lotion N/Oily skin
<b>Liposomes</b>	Active Care	Active Care
<b>Ampoules</b>	Herb Vital	Herb Vital
<b>Creams</b>	Zinc Cream	Sensitive Super Light
<b>Eyes</b>	Eye Gel	Eye Gel(Opt)
<b>Masks</b>		Cream Mask N/O 2-3 times per week
<b>SPF</b>		Sun Gel Lotion Oil Free SPF 25



	Night	Day
<b>Mild Acne /Comedones Milia</b>		
<b>Cleansers /Toners</b>	Cleansing Gel/Toner	Cleansing Gel/Toner
<b>Liposomes</b>	Active Care	Active Care
<b>Ampoules</b>	Herb Vital	Herb Vital
<b>Creams</b>	Zinc Cream Opt	Sensitive Super Light
<b>Eyes</b>	Eye Gel Opt	Eye Gel Opt
<b>Masks</b>		Cream Mask 2-3 times per week
<b>SPF</b>		Sun Gel Lotion Oil Free SPF 25/SPF 20

<b>Sensitive Skin-Dry</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Facial Tonic Lotion dry skin	Cleansing Milk/Facial Tonic Lotion dry skin
<b>Liposomes</b>	Liposome Essential	Liposome Essential
<b>Ampoules</b>	Humidity/Lecithin	Ceramid
<b>Creams</b>	Sensitive N/Dry/Cream Essential dry skin	Sensitive N/Dry/Cream Essential dry skin
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask2xpw	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20/30

<b>Sensitive/Couperose</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Facial Tonic Lotion dry skin	Cleansing Milk/Facial Tonic Lotion dry skin
<b>Liposomes</b>	Liposome Essential	Liposome Essential
<b>Ampoules</b>	Horse Chestnut	Lecithin/Ceramid
<b>Creams</b>	Sensitive Couperose	Sensitive Couperose
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask/as required	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20

<b>Sensitive/Weather Related</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Gel Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
<b>Liposomes</b>	Liposome Essential	Liposome Essential
<b>Ampoules</b>	Humidity/Lecithin	Ceramid
<b>Creams</b>	Sensitive Cream/as per recommendation	Chaps Cream option
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20



<b>Sensitive/Eczema/Psoriasis/ Dermatitis</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Gel Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
<b>Liposomes</b>	Liposome Essential	Liposome Essential
<b>Ampoules</b>	Humidity	Ceramid/Lecithin
<b>Creams</b>	Zinc Cream	Essential /Normal Dry Super Sensitive/ Dry
<b>Eyes</b>	Eye Gel/Cream	Super Sensitive/ Dry
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20



<b>Mature Skin</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion
<b>Liposomes</b>	Liposome E&C/Ceramid	Liposome E&C/Ceramid
<b>Ampoules</b>	Vitamin A	Niacin
<b>Creams</b>	Sensitive n/dry	Sensitive n/dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 30

<b>Sun Damaged/Smokers Skin</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion
<b>Liposomes</b>	Liposome E&C	Liposome E&C
<b>Ampoules</b>	Niacin	Humidity/Vit E Acetate
<b>Creams</b>	Sensitive n/dry	(Multi Vitamin Lotion (Opt) Or Sensitive n/dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20

<b>Premature Ageing (Fine lines and wrinkles)30+</b>	Night	Day
<b>Cleansers /Toners</b>	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion	Cleansing Milk/Special/Gel Cleanser/Tonic Lotion
<b>Liposomes</b>	Liposome Ceramid	Liposome Ceramid
<b>Ampoules</b>	Niacin	Humidity/Vit E Acetate
<b>Creams</b>	Sensitive n/dry	Multi Vitamin Lotion or Sensitive n/dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20



<b>Excessively Peeled Skin</b> <b>Chemical peels/laser/acutane</b> <b>Acutanelactic acid fruit acid</b>	Night	Day
<b>Cleansers</b>	Cleansing Milk/Gel Cleanser Tonic Lotion	Cleansing Milk/Gel Cleanser Tonic Lotion
<b>Liposomes</b>	Liposome Ceramid or Essential	Liposome Ceramid or Essential
<b>Ampoules</b>	Herb Vital/Niacin/Lecithin	Humidity
<b>Creams</b>	Essential/Sensitive N/Dry	Essential/Sensitive N/Dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20

<b>Adult Acne</b>	Night	Day
<b>Cleansers</b>	Gel Cleanser/Facial Tonic Lotion N/oily	Gel Cleanser/Facial Tonic Lotion N/oily
<b>Liposomes</b>	Active Care	Active Care
<b>Ampoules</b>	Niacin	Herb Vital/Glucosamine
<b>Creams</b>	Sensitive Normal/Oily	Sensitive Normal/Oily
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>		Cream Mask 2-3 times per week
<b>SPF</b>		Sun Gel Lotion SPF 25 oil free

<b>Dehydrated Skin</b>	Night	Day
<b>Cleansers</b>	Cleansing Gel/Milk /Facial Tonic Lotion dry Skin	Cleansing Gel/Milk /Facial Tonic Lotion dry Skin
<b>Liposomes</b>	Liposome Ceramid	Liposome Ceramid
<b>Ampoules</b>	Humidity/Vit E 100%	Hyaluron/Ceramid
<b>Creams</b>	Sensitive normal dry/Essential for dry skins	Sensitive normal dry/Essential for dry skins
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20/30



<b>Dry Skin (Lack of Oil)</b>	Night	Day
<b>Cleansers</b>	Cleansing Gel/Milk /Facial Tonic Lotion dry Skin	Cleansing Gel/Milk /Facial Tonic Lotion dry Skin
<b>Liposomes</b>	Liposome Ceramid	Liposome Ceramid
<b>Ampoules</b>	Humidity/Vit A/Vitamin E 100%	Humidity/Ceramid
<b>Creams</b>	Sensitive N/dry/Intensive dry	Sensitive N/dry/Intensive dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20/30

<b>Hyperpigmentation</b>	Night	Day
<b>Cleansers</b>	Cleansing Milk/Cleansing Gel/Toner of Choice	Cleansing Milk/Cleansing Gel/Toner of Choice
<b>Liposomes</b>	Liposome E&C	Liposome E&C
<b>Ampoules</b>	Glucosamine	Niacin
<b>Creams</b>	Sensitive N/dry	Multi Vitamin Lotion or Sensitive N/dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask	Cream Mask 2-3 times per week
<b>SPF</b>		SPF 20/30

<b>Firming &amp; Lifting</b>	Night	Day
<b>Cleansers</b>	Cleansing Gel/Facial Tonic Lotion of choice	Cleansing Gel/Cleansing Gel/Toner
<b>Liposomes</b>	Liposome Super Cure/E&C	Liposome Super Cure/E&C
<b>Ampoules</b>	Glucosamine/Ceramid	Niacin
<b>Creams</b>	Super Cure/Sensitive Cream Of choice	Super Cure/Sensitive Cream Of choice
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Mask( Night or Day)	Cream Mask 2-3 times per week (Night or Day)
<b>SPF</b>		SPF 20/30



<b>EYES</b>	Night	Day
<b>Cleansers</b>	Eye Make-UP Remover	Eye Make-UP Remover
<b>Liposomes</b>	Liposome Ceramid/E&C or Light	Liposome Ceramid/E&C or Light
<b>Ampoules</b>	Niacin	Ceramid/Humidity
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome mask	
<b>SPF</b>		SPF 20/30