



**SkinIdent®**

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**BeauCaire®**

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swiss  
quality 



|                                                                                                  | <b>Cystic /Pustular Acne</b>             |                                                               |
|--------------------------------------------------------------------------------------------------|------------------------------------------|---------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                    | Day                                                           |
| <b>Cleansers/(Toners optional)</b>                                                               | Face Cleanser/Tonic Lotion               | Face Cleanser /Tonic Lotion                                   |
| <b>Liposomes (2ml)</b>                                                                           | Tea Tree                                 | Tea Tree                                                      |
| <b>Ampoules (one drop)</b>                                                                       | Recommended Dr Baumann Herb Vital/Niacin | Recommended Dr Baumann Herb Vital/Niacin                      |
| <b>Creams</b>                                                                                    | Intensive Tea Tree/Super Sensitive Light | Super Sensitive light                                         |
| <b>Eyes</b>                                                                                      | Eye Gel                                  | Eye Gel                                                       |
| <b>Masks</b>                                                                                     |                                          | Cream Mask 2-3 times per week (10 to 15mins)                  |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                          | BeauCaire Sun Gel SPF 8 oil free or Dr Baumann SPF25 oil Free |



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|                                                                                                         | <b>Moderate Acne<br/>/Papules/Blackheads /Milia</b> |                                                               |
|---------------------------------------------------------------------------------------------------------|-----------------------------------------------------|---------------------------------------------------------------|
| <b>Application of products in order:</b>                                                                | Night                                               | Day                                                           |
| <b>Cleansers/(Toners optional)</b>                                                                      | Face Cleanser/Tonic Lotion                          | Face Cleanser/Tonic Lotion                                    |
| <b>Liposomes (2ml)</b>                                                                                  | Tea Tree                                            | TeaTree                                                       |
| <b>Ampoules (one drop)</b>                                                                              | Dr Baumann Herb Vital                               | Dr Baumann Herb Vital                                         |
| <b>Creams</b>                                                                                           | Intensive Tea Tree or Super Sensitive Light         | Super Sensitive Light                                         |
| <b>Eyes</b>                                                                                             | Eye Gel                                             | Eye Gel                                                       |
| <b>Masks</b>                                                                                            |                                                     | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)    |
| <b>SPF</b><br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                     | BeauCaire Sun Gel SPF 8 oil free or Dr Baumann SPF25 oil Free |



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|                                                                                                  | <b>Mild Acne<br/>/Comedones/Milia</b>       |                                                               |
|--------------------------------------------------------------------------------------------------|---------------------------------------------|---------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                       | Day                                                           |
| <b>Cleansers/(Toners optional)</b>                                                               | Face Cleanser/Tonic Lotion                  | Face Cleanser/Tonic Lotion                                    |
| <b>Liposomes (2ml)</b>                                                                           | Tea Tree                                    | Tea Tree                                                      |
| <b>Ampoules (one drop)</b>                                                                       | Dr Baumann Herb Vital                       | Dr Baumann Herb Vital                                         |
| <b>Creams</b>                                                                                    | Intensive Tea Tree or Super Sensitive Light | Super Sensitive Light                                         |
| <b>Eyes</b>                                                                                      | Eye Gel                                     | Eye Gel                                                       |
| <b>Masks</b>                                                                                     |                                             | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)    |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                             | BeauCaire Sun Gel SPF 8 oil free or Dr Baumann SPF25 oil Free |



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|                                                                                                  | Sensitive Skin-Dry                              |                                                              |
|--------------------------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------|
| Application of products in order:                                                                | Night                                           | Day                                                          |
| Cleansers/(Toners optional)                                                                      | Face Cleanser/Cleansing Milk/Tonic Lotion       | Face Cleanser/Cleansing Milk/Tonic Lotion                    |
| Liposomes (2ml)                                                                                  | Liposome medium                                 | Liposome medium                                              |
| Ampoules (one drop)                                                                              | Dr Baumann<br>Lecithin/Humidity                 | Dr Baumann<br>Lecithin/Ceramid                               |
| Creams                                                                                           | Super Sensitive medium/<br>Super Sensitive rich | Super Sensitive medium/<br>Super Sensitive rich              |
| Eyes                                                                                             | Eye Gel/Cream                                   | Eye Gel/Cream                                                |
| Masks                                                                                            | Gel Mask 2-3 times per week<br>(10 to 15mins)   | Cream Mask 1- 2 times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                 | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                  |





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|                                                                                                         | <b>Sensitive/Couperose</b>                                           |                                                                      |
|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|----------------------------------------------------------------------|
| <b>Application of products in order:</b>                                                                | Night                                                                | Day                                                                  |
| <b>Cleansers/(Toners optional)</b>                                                                      | Face Cleanser/Cleansing Milk/Tonic Lotion                            | Face Cleanser/Cleansing Milk/Tonic Lotion                            |
| <b>Liposomes (2ml)</b>                                                                                  | Liposome Light                                                       | Liposome light                                                       |
| <b>Ampoules (one drop)</b>                                                                              | Dr Baumann Horse Chestnut/Lecithin                                   | Dr Baumann Horse Chestnut/Ceramid                                    |
| <b>Creams</b>                                                                                           | Super Sensitive Light/medium (Preferable Dr Baumann Couperose Cream) | Super Sensitive Light/medium (Preferable Dr Baumann Couperose Cream) |
| <b>Eyes</b>                                                                                             | Eye Gel/Cream                                                        | Eye Gel/Cream                                                        |
| <b>Masks</b>                                                                                            | Gel Mask as recommended (10 to 15mins)                               | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)           |
| <b>SPF</b><br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                                      | BeauCaire SPF 12/8<br>Dr Baumann SPF 20/30/50                        |



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|                                                                                                  | Sensitive/Weather Related                  |                                                            |
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| Application of products in order:                                                                | Night                                      | Day                                                        |
| Cleansers/(Toners optional)                                                                      | Face Cleanser/Cleansing Milk/Tonic Lotion  | Face Cleanser/Cleansing Milk/Tonic Lotion                  |
| Liposomes (2ml)                                                                                  | Liposome Medium                            | Liposome Medium                                            |
| Ampoules (one drop)                                                                              | Dr Baumann<br>Lecithin/Humidity            | Dr Baumann<br>Ceramid                                      |
| Creams                                                                                           | Super Sensitive/Intensive, as recommended  | Super Sensitive/Intensive, as recommended                  |
| Eyes                                                                                             | Eye Gel/Cream                              | Eye Gel/Cream                                              |
| Masks                                                                                            | Gel Mask 2-3 times per week (10 to 15mins) | Cream Mask 2-3times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                            | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                |



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|                                                                                                           | <b>Sensitive/Eczema/<br/>Psoriasis/Dermatitis</b> |                                                                  |
|-----------------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------------|
| <b>Application of products in order:</b>                                                                  | Night                                             | Day                                                              |
| <b>Cleansers/(Toners optional)</b>                                                                        | Cleansing Milk/Gel Tonic Lotion                   | Cleansing Milk/Gel/Tonic Lotion                                  |
| <b>Liposomes (2ml)</b>                                                                                    | Liposome light                                    | Liposome Light                                                   |
| <b>Ampoules (one drop)</b>                                                                                | Dr Baumann<br>Lecithin/Humidity                   | Dr Baumann<br>Ceramid/Lecithin                                   |
| <b>Creams</b>                                                                                             | Super Sensitive<br>Light/Medium                   | Super Sensitive<br>Light/Medium                                  |
| <b>Eyes</b>                                                                                               | Eye Gel/Cream                                     | Eye Gel/Cream                                                    |
| <b>Masks</b>                                                                                              | Gel Mask 2-3 times per week<br>(10 to 15mins)     | Cream Mask 2-3times per<br>week (10 to 15mins) (Night or<br>Day) |
| SPF<br>Can use SPF Sun Products<br>(optional) over Liposome and<br>Ampoule, no cream, for day use<br>only |                                                   | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                      |



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|                                                                                                  | <b>Mature Skin</b>                          |                                                             |
|--------------------------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                       | Day                                                         |
| <b>Cleansers/(Toners optional)</b>                                                               | Cleansing Milk/Gel/Tonic Lotion             | Cleansing Milk/Gel/Tonic Lotion                             |
| <b>Liposomes (2ml)</b>                                                                           | Liposome Super/Liposome Medium              | Liposome Super/Liposome Medium                              |
| <b>Ampoules (one drop)</b>                                                                       | Dr Baumann Vitamin A/Niacin                 | Dr Baumann Humidity/Niacin                                  |
| <b>Creams</b>                                                                                    | Super Sensitive Medium/Super Sensitive Rich | Super Sensitive Medium/Super Sensitive Rich                 |
| <b>Eyes</b>                                                                                      | Eye Gel/Cream                               | Eye Gel/Cream                                               |
| <b>Masks</b>                                                                                     | Gel Mask 2-3 times per week (10 to 15mins)  | Cream Mask 2-3 times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                             | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                 |

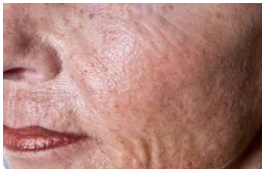




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|                                                                                                  | Sun Damaged/Smokers Skin                   |                                                             |
|--------------------------------------------------------------------------------------------------|--------------------------------------------|-------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                      | Day                                                         |
| <b>Cleansers/(Toners optional)</b>                                                               | Cleansing Milk/Gel/Tonic Lotion            | Cleansing Milk/Gel/Tonic Lotion                             |
| <b>Liposomes (2ml)</b>                                                                           | Liposome Medium/Liposome Super             | Liposome Medium /Liposome Super                             |
| <b>Ampoules (one drop)</b>                                                                       | Dr Baumann Niacin/Vit E acetate            | Dr Baumann Hyaluron/Ceramid                                 |
| <b>Creams</b>                                                                                    | Super Sensitive/ Intensive, as recommended | Super Sensitive/ Intensive, as recommended                  |
| <b>Eyes</b>                                                                                      | Eye Gel/Cream                              | Eye Gel/Cream                                               |
| <b>Masks</b>                                                                                     | Gel Mask 2-3 times per week (10 to 15mins) | Cream Mask 2-3 times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                            | BeauCaire SPF 12/ 8<br>Dr Baumann SPF 20/30/50              |



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|                                                                                                  | Premature Ageing (Fine lines and wrinkles) |                                                            |
|--------------------------------------------------------------------------------------------------|--------------------------------------------|------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                      | Day                                                        |
| <b>Cleansers/(Toners optional)</b>                                                               | Cleansing Milk/Gel/Tonic Lotion            | Cleansing Milk/Gel/Tonic Lotion                            |
| <b>Liposomes (2ml)</b>                                                                           | Dr Baumann Liposome Ceramid                | Dr Baumann Liposome Ceramid                                |
| <b>Ampoules (one drop)</b>                                                                       | Dr Baumann Vit A/Niacin                    | Dr Baumann Humidity/ Ceramid                               |
| <b>Creams</b>                                                                                    | Super Sensitive/ Intensive, as recommended | Super Sensitive/ Intensive, as recommended                 |
| <b>Eyes</b>                                                                                      | Eye Gel/Cream                              | Eye Gel/Cream                                              |
| <b>Masks</b>                                                                                     | Gel Mask 2-3 times per week (10 to 15mins) | Cream Mask 2-3times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                            | BeauCaire SPF 12/ 8<br>Dr Baumann SPF 20/30/50             |



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|                                                                                                         | Excessively Peeled Skin<br>Chemical peels/laser/<br>Acutane/lactic acid, fruit<br>acid |                                                                |
|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------|
| <b>Application of products in order:</b>                                                                | Night                                                                                  | Day                                                            |
| <b>Cleansers/(Toners optional)</b>                                                                      | Cleansing Milk/Gel/Tonic Lotion                                                        | Cleansing Milk/Gel/Tonic Lotion                                |
| <b>Liposomes (2ml)</b>                                                                                  | Dr Baumann Liposome Ceramid/Essential/BeauCaire Liposome Light                         | Dr Baumann Liposome Ceramid/Essential/BeauCaire Liposome Light |
| <b>Ampoules (one drop)</b>                                                                              | Dr Baumann Lecithin/Humidity                                                           | Dr Baumann Ceramid                                             |
| <b>Creams</b>                                                                                           | Super Sensitive light/Medium/                                                          | Super Sensitive Light/Medium                                   |
| <b>Eyes</b>                                                                                             | Eye Gel/Cream                                                                          | Eye Gel/Cream                                                  |
| <b>Masks</b>                                                                                            | Gel Mask 2-3 times per week (10 to 15mins)                                             | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)     |
| <b>SPF</b><br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                                                        | BeauCaire SPF 12<br>Dr Baumann SPF 20/30                       |



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|                                                                                                  | Adult Acne                                                      |                                                                 |
|--------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| Application of products in order:                                                                | Night                                                           | Day                                                             |
| Cleansers/(Toners optional)                                                                      | Cleansing Gel/Tonic Lotion                                      | Cleansing Gel/Tonic Lotion                                      |
| Liposomes (2ml)                                                                                  | Liposome Tea Tree                                               | Liposome Tea Tree                                               |
| Ampoules (one drop)                                                                              | Dr Baumann Niacin                                               | Dr Baumann Herb Vital                                           |
| Creams                                                                                           | Super Sensitive Light/Medium/Intensive Tea Tree, as recommended | Super Sensitive Light/Medium/Intensive Tea Tree, as recommended |
| Eyes                                                                                             | Eye Gel/Cream                                                   | Eye Gel/Cream                                                   |
| Masks                                                                                            | Gel Mask 2-3 times per week (10 to 15mins)                      | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)      |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                                 | Dr Baumann Sun Gel SPF 25 oil free/Beau Caire SPF 8 oil free    |





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|                                                                                                  | Dehydrated Skin                                   |                                                            |
|--------------------------------------------------------------------------------------------------|---------------------------------------------------|------------------------------------------------------------|
| Application of products in order:                                                                | Night                                             | Day                                                        |
| Cleansers/(Toners optional)                                                                      | Cleansing Gel/Milk/Tonic Lotion                   | Cleansing Gel/Milk/Tonic Lotion                            |
| Liposomes (2ml)                                                                                  | Liposome Medium/Super                             | Liposome Medium/Super                                      |
| Ampoules (one drop)                                                                              | Dr Baumann Hyaluron/Humidity                      | Dr Baumann Hyaluron/Ceramid                                |
| Creams                                                                                           | Super Sensitive Medium/Rich/Intensive Medium/Rich | Super Sensitive Medium/Rich/Intensive Medium/Rich          |
| Eyes                                                                                             | Eye Gel/Cream                                     | Eye Gel/Cream                                              |
| Masks                                                                                            | Gel Mask 2-3 times per week                       | Cream Mask 2-3times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                   | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                |



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|                                                                                                  | Dry Skin (Lack of Oil)                                             |                                                                    |
|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|
| Application of products in order:                                                                | Night                                                              | Day                                                                |
| Cleansers/(Toners optional)                                                                      | Cleansing Milk/Gel/Tonic Lotion                                    | Cleansing Milk/Gel/Tonic Lotion                                    |
| Liposomes (2ml)                                                                                  | Liposome Medium/Super                                              | Liposome Medium/ Super                                             |
| Ampoules (one drop)                                                                              | Dr Baumann Vit E 100%                                              | Dr Baumann Humidity/Ceramid                                        |
| Creams                                                                                           | Super Sensitive Medium/Rich/Intensive Medium/ Rich, as recommended | Super Sensitive Medium/Rich/Intensive Medium/ Rich, as recommended |
| Eyes                                                                                             | Eye Gel/Cream                                                      | Eye Gel/Cream                                                      |
| Masks                                                                                            | Gel Mask 2-3 times per week (10 to 15mins)                         | Cream Mask 2-3times per week (10 to 15mins) (Night or Day)         |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                                    | BeauCaire SPF 12<br>Dr Baumann SPF 20/30/50                        |



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|                                                                                                  | Hyperpigmentation                                       |                                                            |
|--------------------------------------------------------------------------------------------------|---------------------------------------------------------|------------------------------------------------------------|
| <b>Application of products in order:</b>                                                         | Night                                                   | Day                                                        |
| <b>Cleansers/(Toners optional)</b>                                                               | Cleansing Gel/Cleansing Milk/Toner                      | Cleansing Gel/Cleansing Milk/Toner                         |
| <b>Liposomes (2ml)</b>                                                                           | Liposome Light/Medium                                   | Liposome Light/Medium                                      |
| <b>Ampoules (one drop)</b>                                                                       | Dr Baumann Niacin/Glucosamine                           | Dr Baumann Niacin/Ceramid                                  |
| <b>Creams</b>                                                                                    | Super Sensitive Light/Medium/Dr Baumann Bleaching Cream | Super Sensitive Light/Medium/Dr Baumann Bleaching Cream    |
| <b>Eyes</b>                                                                                      | Eye Gel/Cream                                           | Eye Gel/Cream                                              |
| <b>Masks</b>                                                                                     | Gel Mask 2-3 times per week (10 to 15 mins)             | Cream Mask 2-3times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                                         | BeauCaire SPF 12/8<br>Dr Baumann SPF 20/30/50              |



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|                                                                                                  | Firming & Lifting                           |                                                            |
|--------------------------------------------------------------------------------------------------|---------------------------------------------|------------------------------------------------------------|
| Application of products in order:                                                                | Night                                       | Day                                                        |
| Cleansers/(Toners optional)                                                                      | Cleansing Gel/Cleansing Milk/Toner          | Cleansing Gel/Cleansing Milk/Toner                         |
| Liposomes (2ml)                                                                                  | Liposome Super                              | Liposome Super                                             |
| Ampoules (one drop)                                                                              | Dr Baumann Niacin/Glucosamin                | Dr Baumann Niacin/ Ceramid                                 |
| Creams                                                                                           | Super Sensitive/ Intensive, as recommended  | Super Sensitive/ Intensive, as recommended                 |
| Eyes                                                                                             | Eye Gel/Cream                               | Eye Gel/Cream                                              |
| Masks                                                                                            | Gel Mask 2-3 times per week (10 to 15 mins) | Cream Mask 2-3times per week (10 to 15mins) (Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                             | BeauCaire SPF 12/8<br>Dr Baumann SPF 20/30/50              |



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|                                                                                                  | EYES                                        |                             |
|--------------------------------------------------------------------------------------------------|---------------------------------------------|-----------------------------|
| Application of products in order:                                                                | Night                                       | Day                         |
| Cleansers/(Toners optional)                                                                      | Cleansing Gel                               | Cleansing Gel               |
| Liposomes (2ml)                                                                                  | Any Liposome                                | Any Liposome                |
| Ampoules (one drop)                                                                              | Dr Baumann Humidity/ Niacin                 | Dr Baumann Humidity/Ceramid |
| Creams                                                                                           | As recommended                              | As recommended              |
| Eyes                                                                                             | Eye Gel/Cream                               | Eye Gel/Cream               |
| Masks                                                                                            | Gel Mask 2-3 times per week (10 to 15 mins) |                             |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                             | SPF 12                      |



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|                                                                                                  | Seborrhoea                         |                                                             |
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| Application of products in order:                                                                | Night                              | Day                                                         |
| Cleansers/(Toners optional)                                                                      | Cleansing Gel/Cleansing Milk/Toner | Cleansing Gel/Cleansing Milk/Toner                          |
| Liposomes (2ml)                                                                                  | Liposome Light/Medium              | Liposome Light/Medium                                       |
| Ampoules (one drop)                                                                              | Dr Baumann Niacin/Lecithin         | Dr Baumann Niacin/Humidity                                  |
| Creams                                                                                           | Super Sensitive Light/Medium       | Super Sensitive Light/Medium                                |
| Eyes                                                                                             | Eye Gel/Cream                      | Eye Gel/Cream                                               |
| Masks                                                                                            |                                    | Cream Mask, 2-3 times per week (10 to 15mins)(Night or Day) |
| SPF<br>Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only |                                    | BeauCaire SPF 12/8<br>Dr Baumann SPF 20/30/50               |