



A SPECIAL KIND

OF BEAUTY CARE



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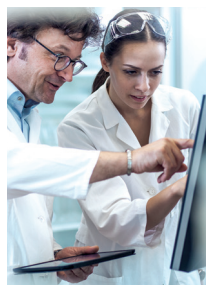
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Bionome quality

The „Bionome“ seal of quality not only makes clear the difference to conventional cosmetics and „natural cosmetics“, but also the particularly high quality standards. The focus is on observing and caring for the health of the skin and body. With great commitment and consistency, the maximum beautification and protection of the skin are achieved

Observance of dermatological knowledge is sought and ethical responsibility towards

The bionome quality features for skin friendliness, Animal and environmental friendliness:

- Without chemical preservatives
 - Free from mineral oils
 - Free from animal derived ingredients - vegan
 - Avoiding unnecessary packaging waste: without outer packaging
 - Perfume-free, individual specialty products with essential oils
- (Essential oils are indicated on the respective products in accordance with legal requirements.)



Bionome beauty care

According to Duden, “bionomy” is the “science of the laws of life”..

These laws are for Dr. Baumann SkinIdent lays the qualitative foundation in the development and manufacture of skin care products. This means: On the one hand, the metabolism and structure of the skin are taken into account and, on the other hand, the aspects of our environment and those of our fellow creatures.

The goals are:

- Optimal compatibility through consistent use of dermatological and allergological findings when selecting the ingredients.
- Targeted selection of ingredients whose effect has been described and proven and which are therefore beneficial for the skin.
- Harmonious harmony of the ingredients with the physiology and anatomy of the skin. This is achieved when as many ingredients as possible are already naturally present in the skin and in the organism, i.e. are skin-identical or body-identical. The skin care line SkinIdent is an outstanding top result of the Dr. Baumann SkinIdent research, as it consists exclusively of skin-identical/ body-identical ingredients and vitamins. SkinIdent is presented in a separate catalog and on our website.
- Environmentally friendly by avoiding of superfluous packaging waste such as outer packaging.
- Animal friendly by rejecting animal derived ingredients..

The advantages of our products

Excellent tolerance

The scientifically based selection of ingredients minimizes the likelihood of intolerance and lays the foundation for excellent tolerability and effectiveness. Fragrances, essential oils and preservatives in particular are among the allergy triggers in cosmetics. This can be read in specialist literature such as the „Blue List“ (ECV-Verlag) and in the „Investigation into the spread of environmentally-related contact allergies...“ published in 2004 on behalf of the Federal Environment Agency by the IVDK (information network of dermatological clinics for the recording and scientific evaluation of contact allergies). Even if you seem to have tolerated allergenic substances for a long time, allergic skin diseases can still occur after months or years of constant use. We want to minimize this risk in the interests of our customers. That's why dr. Baumann SkinIdent carried out a considerable amount of research to make products smell pleasant without perfume, without fragrances and without essential oils and to make them durable without preservatives (for information on recognizing perfume and chemical preservatives, see the article "Consumer protection" on page 11). Individual DR. BAUMANN special products contain essential oils, which are specified on the respective products in accordance with the statutory provisions. We only recommend products with essential oils for specific skin problems or as a change for a short period of time.

Scientific Competence

Dr Baumann SkinIdent manufactures high-quality products for particularly demanding and quality-conscious people. All decisions are made by competent scientists

(Dr. med. Ernst Walter Henrich and Dr. rer. nat. Thomas Baumann). The benefit for you and your skin is the focus and not the adaptation to changing fads in cosmetics with their often more than dubious benefits for your skin.

Scientific accuracy and honesty

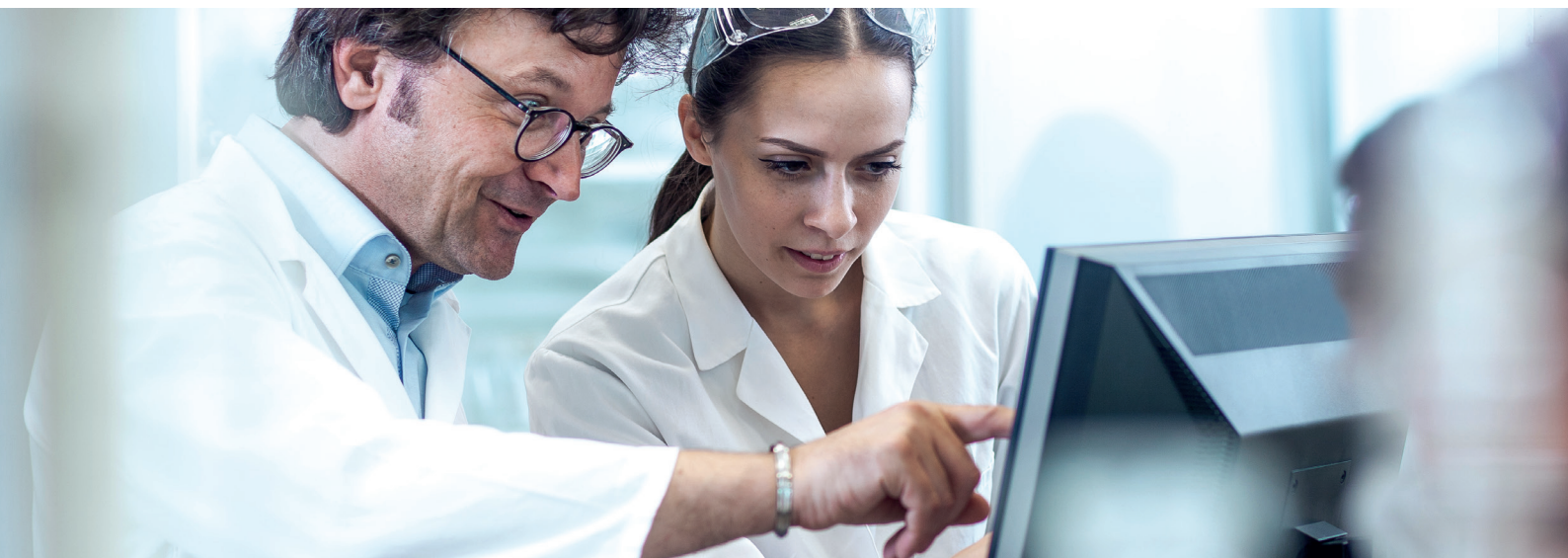
We guarantee that with Dr. Baumann SkinIdent neither false nor exaggerated promises are made. It is our goal to do the maximum possible for you and your skin within the limits set by genes!




Dr. med. Ernst Walter Henrich




Dr. rer. nat. Thomas Baumann



Documented effectiveness

Our multilayered liposomes are made from the same lipids as human skin cells. These lipids and the ceramides we use are important components of the intercellular substance between the skin cells. Multi-shell liposomes show a spectrum of action that is particularly advantageous for skin care. You can important active ingredients such. B. transport skin-friendly vitamins into the skin and increase the moisture content of the skin enormously within a very short time (see „Multi-layered liposomes“ on page 10)

THE NATURE OF THE SKIN AS A MODEL

With DR. BAUMANN liposome care, you pamper your skin with precisely those substances that are naturally present and are therefore so well tolerated by your skin. To put it simply, you care for your skin with “skin”! Can there be anything more natural for your skin? Here, too, an important prerequisite is that the liposome preparations contain neither preservatives nor perfume. Surely you now understand why our care products are so effective and well tolerated! The criteria for natural cosmetics, which may contain preservatives, for example, are not sufficient for us. We characterize our special quality standards with the term „bionomic beauty care“.



Security through natural active ingredients

Our products contain valuable natural vegetable oils, but no mineral oils or paraffins from petroleum. Due to their low price, mineral oils can significantly reduce the manufacturing costs of a cosmetic product, but experience has shown that they can form a film on the skin in higher concentrations and, according to a study by the Dermatological University Clinic in Copenhagen, impair the regeneration of the body's own skin barrier. After discontinuing the mineral oils, the skin may initially dry out as a result of a so-called change in mood and pimples may form, although the skin is treated with a Dr. Baumann preparation and the natural vegetable oils it contains. Therefore, in such a case, continue the care with the Dr. Baumann product so that the skin barrier can regenerate and your skin can collect enough moisture again by recognizing mineral oils (see "Consumer Protection: Recognizing Cosmetic Ingredients" on page 11).



Multilayered Liposomes – the special active ingredient and drug carriers

Assured effect

Scientific studies have shown that applying multilayer liposomes twice a day increases the moisture content of the skin enormously within a very short time. These results are documented, for example, in the scientific publication „Skin and Liposomes“ (1992) by Dr. Ghyzzy et al. and „Influence of liposomes on skin moisture“ in: Fachmagazin SöFW 10/92 by Dr. Roeding and associates.

Fantastic properties: Active ingredient and active ingredient carrier at the same time

Liposomes are skin-related substances that, in addition to their own moisturizing effect, also have an important transport function. They are able to introduce other skin-friendly active ingredients (such as vitamin E, A and provitamin B5) into the skin.

Very good tolerance

The lipid building blocks of the multilayered liposomes already occur naturally as components of the skin cells. This is the basis for particularly good tolerability.

Consumer protection

Identify cosmetic ingredients

To protect the consumer, it is required by law to list the ingredients of cosmetic products on the packaging ("INCI declaration"). However, very few people know what is behind the (often Latin) terms. That is why we have put together a selection of commonly used substances such as chemical preservatives, perfumes and mineral oils for you.

Perfume, Fragrances: Perfume, Fragrance.

Chemical Preservatives: Benzoic Acid, Methylparaben, Ethylparaben, Butylparaben, Propylparaben, Triclosan, Imidazolidinyl Urea, Diazolidinyl Urea, Chlorhexidine, Methylisothiazolinone, Sodium Benzoate, Potassium Sorbate, Dibromodicyanobutane, Sorbic Acid, DMDM Hydantoin, Polyaminopropyl Biguanide, Phenoxyethanol, Chloromethylisothiazolinone, 2-Bromo-2-nitropropane-1,3-diol (Bronopol), Quaternium 15, iodopropynylbutyl carbamate.

PLEASE NOTE: NATURE-IDENTICAL PRESERVATIVES ARE CHEMICAL PRESERVATIVES.

Petroleum products/mineral oils: Mineral Oil, Petrolatum (Vaseline), Paraffinum-Liquidum, Paraffinum-

Subliquidum, Cera Microcristallina, Microcrystalline Wax, Ozokerite, Ceresin.

If you would like to find out more about the advantages and disadvantages of the individual cosmetic ingredients, we recommend the following literature:

The „Blue List“ published especially for professionals classifies the ingredients of cosmetic products according to their „allergenic risk potential“. The „Blue List“ is published by the following authors: Dr. HP Fiedler, Wiesbaden; Prof. Dr. H. Ippen, Goettingen; Prof. Dr. FH Kemper, Munster; Prof. Dr. dr NP Lüpke, Osnabrueck; Prof. Dr. KH Schulz, Hamburg; dr W. Umbach, Dusseldorf.

As an informative reference work for experts and consumers without specialist knowledge, the book „The evaluation of cosmetic ingredients using the INCI designations“ by Dr. medical Ernst Walter Henrich and Dr. re. of course Thomas Baumann mentioned. It is used to assess cosmetic products with regard to compatibility, risk of allergies and effect. In addition, the distinction between plant and animal ingredients is taken into account in order to enable animal-friendly consumers and vegetarians to make the right choice of products.

We guarantee you,
that in Dr. Baumann products ,do not contain any chemical preservatives,no
perfume and no mineral oils or paraffins from petroleum and no ingredients
from animals.



The importance of proper daily skin care at home

The beauticians trained by us with a certificate of basic training are predestined in an outstanding way to select the right DR. BAUMANN products for you in a consultation according to the needs of your skin and the season. Because this Dr. Baumann SkinIdent beauticians are experts in healthy and effective skin care.

The specialists of your Dr. Baumann SkinIdent cosmetic institutes are not only experts for the treatment in the institute, but especially when planning your home care. Please keep in mind that a 1 to 2 hour treatment in the cosmetics institute can never make up for what was done wrong in the care at home. The treatment in the institute and the care at home must be coordinated in order to achieve optimal success for your skin. The institute treatment can only be the initial spark, which in any case must be continued and completed at home with the right products.

The right daily care at home is of crucial importance for the condition of your skin. Therefore, especially when it comes to your home care, trust the recommendations of our certified Dr. Baumann SkinIdent cosmetic institute and on DR. BAUMANN products.



Gentle Facial Cleansing

The perfect preparation for facial care



CLEANSING MILK

Mild, mineral oil-free emulsion for gentle yet thorough cleansing of the skin without degreasing it. For all skin types and, thanks to its good eye compatibility, also ideal for removing eye make-up.

CLEANSING MILK SPECIAL

This mild cleansing emulsion is suitable for all skin types. It cleanses your skin exceptionally gently and at the same time cares for it with high concentrations of nourishing ingredients such as skin-friendly oils, natural vitamin E and natural moisturizers. Like all DR. BAUMANN products, it goes without saying that it contains no mineral oils.

CLEANSING GEL

Mild cleansing wash gel. Contains very mild cleaning substances. For those who prefer something foamy to cleanse the skin or who want a gentle degreasing of the skin.

EYE MAKE UP REMOVER

This mild cleansing emulsion is especially suitable for removal in the eye area. It cleans your skin unusually gently and at the same time cares for it with high concentrations of nourishing ingredients such as skin-friendly oils and natural vitamin E

and natural moisturizer. Like all

DR. BAUMANN products are, of course, free of mineral oils.

FACIAL TONIC LOTION

normal and oily skin

For oily, normal and combination skin. Removes the last residues and supports the physiological pH value of the skin. It clears the skin and has a pleasantly refreshing effect. After using a DR. BAUMANN facial toner, the skin is optimally prepared for the subsequent care.

FACIAL TONIC LOTION

dry skin

For dry skin. Removes the last residues and supports the physiological pH value of the skin. It clears the skin and has a pleasantly refreshing effect. After using a DR. BAUMANN facial toner, the skin is optimally prepared for the

subsequent care.

FACIAL TONIC LOTION SPECIAL

An extraordinary facial tonic whose special features and mild caring properties you will immediately notice with enthusiasm the first time you use it. The high content of valuable hyaluronic acid, provitamin B5 and other skin-friendly ingredients is reflected in the special consistency of this preparation. Like all DR. BAUMANN facial toners, it contains no alcohol. The Facial Tonic Lotion Special is ideal after using the Cleansing Milk Special and as a preparation for the subsequent care with the DR. BAUMANN liposome preparations such as e.g. B. Liposome Multi Active Super Cure and Super Cream.

ANTI COMEDO LOTION PH 4.8

Alcoholic-aqueous lotion with the acidic pH

Value 4.8 for follow-up treatment of the face after the removal of comedones, also ideal for treating other skin imperfections.



Deeply Effective Basic Care

With multilayered liposomes – the foundation of perfect skin care



A number of scientific studies have demonstrated the excellent effects of liposomes. They increase the moisture content of the skin, channel other skin-friendly active ingredients such as vitamins into the skin and, thanks to their high content of polyunsaturated fatty acids (vitamin F), work against pimples and impure skin. Liposomes are the ingenious skin-friendly multifunctional active ingredients and are therefore used by Dr. Baumann SkinIdent research as essential for effective beauty care.

LIPOSOME MULTI ACTIVE ESSENTIAL

Contains particularly high concentrations of the most important active ingredients. These have a very strong moisture-increasing effect on the skin.

LIPOSOME MULTI ACTIVE Camomile

Contains evening primrose oil, jojoba oil, vitamins A and E, provitamin B5, hyaluronic acid, chamomile and a high concentration of multilayer liposomes. These have a strong moisture-increasing effect on the skin. Active ingredients are absorbed by the liposomes and transported into the skin. Chamomile soothes the skin.

LIPOSOMES MULTI ACTIVE VITAMIN E+C

Contains the same ingredients as liposomes Multi Active Camomile, but instead of chamomile particularly high concentrations of vitamins E and C. These vitamins protect your skin from environmental pollution such as UV radiation.

Liposome Multi Active Ceramide

Also contains ceramides. Together with the phospholipids of the liposomes, the ceramides are important components of the intercellular substance between the skin cells and develop their effect particularly in the upper layers of the skin. This strengthens the barrier function of the horny layer, which means a significant increase in effectiveness, especially with dry, scaly skin. Contains no essential oils, i.e. neither chamomile nor tea tree oil

LIPOSOME MULTI ACTIVE Light

Light liposome gel with all important vitamins and natural oils in a lower concentration. So ideal for oily skin, in warm weather and for getting used to the highly effective multi-layered liposomes.

LIPOSOME MULTI ACTIVE Super Cure

Contains highly effective multilayered liposomes, nanosomes, ceramides, evening primrose oil, jojoba oil, vitamins A and E and provitamin B5. The luxury care for particularly high demands! Recommended if you want to know what is possible with bionomer skin care or as a spa treatment.

LIPOSOME MULTI ACTIVE Manuka, Tea Tree, Lavender

A liposome preparation with a particularly high proportion of manuka, tea tree and lavender oil for a particularly intensive effect on impure skin and pimples.

Info tip:

See text on "Multilayered Liposomes" on page 10.



Facial Care Creams

The Perfection for perfect skin care



SUPER CREAM

This preparation shows what bionome care can do! The rich yet light composition of oils, Vitamins, lecithin and ceramides (skin-related lipids) provide the answer - better than words can describe. The Super Cream contains exactly the active ingredients in optimal concentrations that, after analyzing the skin physiology, were determined by the Dr. Baumann SkinIdent research have been identified as the most effective and tolerable. You can use the Super Cream alone or better after a DR. BAUMANN liposome preparation (e.g. Liposome Multi Active Super Cure).

CREAM ESSENTIAL oily and normal skin

Contains particularly high concentrations of the most important active ingredients. These have a very strong moisture-increasing effect on the skin.

CREAM ESSENTIAL dry skin

Contains particularly high concentrations of the most important active ingredients. These have a very strong moisture-increasing effect on the skin.

SENSITIVE super light

For oily skin.

SENSITIVE oily and normal skin

For oily to normal skin.

SENSITIVE normal and dry skin

Particularly well tolerated, light cream with jojoba oil, vitamin E, vitamin A, provitamin B5, urea and lactic acid. When developing the sensitive products, particularly well-tolerated ingredients were used to minimize the risk of an intolerance reaction.

SENSITIVE couperose skin

Care with horse chestnut for couperose skin. Contains the same ingredients as the other SensitiveCremes, but also horse chestnut extract. Ideal for reddened skin and couperose.

MULTI VITAMIN lotion

Special product with vitamins and herbal extracts for normal to dry skin prone to impurities.

INTENSE color light

Contains the same active ingredients and high-quality oils as Intensive normal and combination skin. The addition of mineral color pigments gives the skin a fresher and

more even appearance.

INTENSE color medium

Contains the same active ingredients and high-quality oils as Intensive normal and combination skin. The addition of mineral color pigments gives the skin a fresher and more even appearance.

INTENSE color dark

Contains the same active ingredients and high-quality oils as Intensive normal and combination skin. The addition of mineral color pigments gives the skin a fresher and more even appearance.

INTENSE normal and combination skin

Contains i.a. skin-friendly oils such as shea butter and jojoba oil. Skin protection vitamins such as provitamin B5, vitamin E and A protect the skin and effectively counteract premature skin aging.

INTENSE dry skin

Rich cream with a larger proportion of oils such as shea butter and jojoba oil. Also contains vitamin E, vitamin A and provitamin B5. These are particularly important skin protection vitamins that protect and care for the skin and support the skin's own revitalization.

INTENSE very dry skin

A particularly rich preparation with all the valuable oils and vitamins already mentioned for very dry, scaly skin. Also ideal as a cold blocker in winter and as a neck cream.

INTENSE lotion

Due to the more liquid consistency and the proportion of evening primrose oil, it is the ideal alternative for intensive care of dry, brittle facial skin when other creams are found to be too pasty or as particularly intensive care for dry body skin. Also ideal for face and body massages.

Ampoules

The power care for
quick visible results



Masks and ampoules play a special role in the DR. BAUMANN care system. Due to their high concentration of active ingredients, especially in combination with the liposome preparations, they represent a sustainable and goal-oriented facial care with which an amazing improvement of the respective complexion can be achieved. Care-conscious people in particular can successfully continue the treatment started by the beautician at home. Your beautician will be happy to provide you with information about the right products for your skin type and how to use them.

HUMIDITY moisture ampoule

Moisture Ampoule

Due to the tightening effect of the hyaluronic acid and the very good eye compatibility, this ampoule is the ideal intensive care for the sensitive skin around the eyes. With regular use, this ampoule optimally supplements the effect of

DR. BAUMANN eye care preparations.

HYALURON

Organic hyaluronic acid ampoule

This ampoule contains the same active ingredients as the moisture ampoule, but in different concentrations. Due to the intensive moisturizing and firming effect, not least due to the higher proportion of hyaluronic acid, this ampoule is ideal for lacking elasticity and dehydrated skin.

VITAMIN E

Vitamin E Ampoule – Vitamin E natural

Origin distributed in hyaluronic acid gel

This ampoule should be applied to the sensitive skin of the face and neck before sunbathing and solarium use.

Together with the panthenol and urea it contains, this ampoule is suitable for mature skin and skin types that are prone to pigment spots and sun allergies.

VITAMIN E 100% Natural Source

100% vitamin E of natural origin

This honey-like 100% concentrate of vitamin E of natural and plant origin can also be mixed very well with other DR. BAUMANN preparations if a particularly high vitamin E content is desired.

VITAMIN A

Vitamin A ampoule

Scientific studies show that regular use of vitamin A can regenerate damaged skin cells and increase the collagen content of the skin. Since UV rays dry out the skin very much, this can be compensated for by vitamin A and the hyaluronic acid it contains. This can counteract premature wrinkling. Ideal after the sun or solarium or for prematurely aged, sun-damaged, wrinkled skin.

NIACIN VITAMIN B3

Niacinamide has a wide variety of effects. It works effectively against reddening of the skin, weakens hyperpigmentation, reduces excessive sebum production, works against pimples, promotes the synthesis of collagen and ceramides in the skin and thus acts effectively against wrinkle formation and

promotes skin regeneration. The skin's transepidermal water loss is also reduced, which has a positive effect on the skin's moisture content. An all-rounder that you should not do without in skin care.

Interesting information from scientific studies about

Natural Vitamin E

Natural vitamin E has many positive effects on the skin. Scientific studies have shown that natural vitamin E has an approx

has a strong effect on the skin like synthetic vitamin E. It increases the moisture retention capacity of the horny layer and therefore leads to an improvement in the skin's surface relief. Vitamin E has skin-soothing effects and increases enzyme activity in the skin. It prevents skin damage caused by free radicals, reduces the number of UV-damaged cells in the skin and slows down skin aging overall.

Regular use of vitamin E leads to a protective effect against UV radiation and can produce a self-protective effect of up to a sun protection factor 3 in the skin with daily use. Due to its high potential for action, natural vitamin E contained in high concentrations in almost all DR. BAUMANN products.

Ampoules

Ampoules – the quick way to a more beautiful skin

This comprehensive range of active ingredient concentrates offers the right special care for every skin type. They should be used to optimize facial care as a regular spa treatment or when the skin is particularly stressed.

The one from Dr. The dosing ampoules used by Baumann Skindent can be closed airtight as often as you like after each application and enable precise dosing of the valuable active ingredient concentrates.

HORSE CHESTNUT

Horse chestnut Ampoule

Together with other valuable ingredients, the horse chestnut extract regulates blood circulation in the skin and strengthens the peripheral (superficial) blood vessel walls. This can redness z. B. in the cheek or nose area visibly decrease and the progression of couperose can be counteracted. Therefore definitely recommended for couperose and skin prone to couperose.

CERAMIDES

Bio-Ceramide Ampoule

Despite extensive care, the skin can appear scaly and brittle if the lipids of the horny layer and thus its barrier function, e.g. B. are disturbed by aging, environmental influences, etc. The affected

Intercellular substance of the horny layer consists in the Essentially composed of ceramides and other lipids. Brittle, scaly skin can be effectively counteracted with the ceramide ampoule. Also ideal for supplementary care of skin prone to neurodermatitis and psoriasis.

HERB VITAL

Herbal Vital Ampoule

Due to the combination of basil, chamomile and savory as soothing and anti-irritant active ingredients, this ampoule is suitable for impure, dry, to Recommended for skin prone to pimples, redness and impurities.

LECITHIN

Lecithin Ampoule

Ideal for heavily calloused skin or stubborn blackheads. Since lecithin has a positive effect on the water balance in the horny layer, the cell cement becomes more supple, cornifications are loosened and blackheads can be removed more easily. The macadamia oil additionally contained in this ampoule strengthens the effect of the lecithin.

AFTER AHA PEELING

Après peeling Ampoule

The active ingredients in this ampoule are lecithin and vitamin C. Very suitable for irritated, reddened skin, e.g. B. after a peeling treatment to regenerate the lipid protective layer of the skin.

JOJOBA

Jojoba Oil Ampoule

This ampoule contains only 100% pure, cold-pressed jojoba oil. Since jojoba oil is very similar to human skin sebum, this ampoule should be used regularly on dry, low-fat skin. The nourishing jojoba oil remains on the skin's surface, so it makes sense to leave this ampoule on overnight.

EVENING PRIMROSE OIL

Evening primrose oil Ampoule

This ampoule contains 100% pure evening primrose oil with a natural and high content of valuable gamma-linolenic acid. This ampoule is particularly recommended for the care of dry, rough and scaly skin. In the case of sore, cracked skin, evening primrose oil is often perceived as the only preparation that does not burn. Therefore, it may be advisable to first clean the skin with the EVENING PRIMROSE OIL evening primrose oil ampoule, possibly in combination with the ceramide ampoule, and then gradually switch to full care with liposomes and cream. Evening primrose oil can also be taken internally to help supply the body with Ensure gamma linolenic acid from the inside as well. A few drops 2 to 3 times a day are sufficient.

ALOE VERA

Aloe vera Ampoule

Due to the calming and soothing effect of the aloe vera gel, together with hyaluronic acid and urea, this ampoule is ideal for stressed, irritated skin.

ALOE VERA PLUS

Aloe Vera Plus Ampoule

In addition to the aloe vera extract, this ampoule contains pure, natural vitamin E and vitamins A and C. This means that the calming and anti-irritant effect is even more intensive than that of the aloe vera ampoule. Vitamins E and A also have a protective and regenerating effect. Thus, this ampoule highly recommended for very dry, irritated, sun-exposed or sun-damaged skin.



Mens Range

Simple and efficient



Skincare has long ceased to be the domain of women alone. And that the well-groomed man enjoys pleasant advantages in everyday life is well known. Because it is no coincidence that particularly successful men attract attention with their well-groomed appearance. But the care should be quick, easy and effective, that's what the gentlemen demand. This is exactly what Dr. Baumann SkinIdent. You don't need more than 5 minutes daily to use the

DR. BAUMANN care products to achieve your best possible skin condition.

Shaving puts a considerable strain on the skin, especially if it is done on a daily basis. Therefore, a special, precisely tailored care is necessary, which must meet the following criteria: No additional stress on the skin through questionable substances in shaving gel, aftershave, cleaning and care products. Perfumes, fragrances and preservatives in particular can severely irritate the skin and cause severe allergies even after years of use. The Japanese University in Kyoto has even proven that the most commonly used preservatives massively accelerate the aging of skin cells. Mineral oils, especially in higher concentrations, can disrupt the functions of the skin, especially the barrier function.

LIPOSOMES FOR MEN

This liposome preparation was specially developed for the needs of men's skin. Multi-layered liposomes and hyaluronic acid provide the skin with optimal moisture. Through the use of panthenol, evening primrose oil and natural vitamin E, stressed skin is soothed, protected and regenerated. Recommended especially after shaving.

CREAM FOR MEN

High-quality natural oils such as jojoba and macadamia oil are the basis of this care cream for men. The revitalization of the skin is also supported by panthenol and natural vitamin E. This protective, regenerating cream is perfectly tailored to sensitive men's skin and is the ideal supplement to the Liposomes for Men.

BODY LOTION FOR MEN

The unique, fast-absorbing body lotion supplies demanding men's skin with moisture, especially after a shower. Macadamia and jojoba oil intensively care for the skin and keep it supple. Natural vitamin E and panthenol provide protection and regeneration.

SHAVING MOUSSE FOR MEN

The mild shaving foam enables a gentle shave and allows the blade to glide optimally over the skin. Panthenol, natural vitamin E and rosemary oil protect the skin from irritation. This shaving foam cares for and soothes the skin while you shave.

AFTERSHAVE LOTION FOR MEN

With its special care formula made from macadamia oil, jojoba oil and urea, this after shave lotion provides the skin with long-lasting high-quality oils and moisture. Panthenol, natural vitamin E and bisabolol soothe stressed skin from shaving and support natural regeneration. This lotion completes the shave and is of course also suitable for sensitive skin.



Masks

The perfect complement
for facial care



Face masks pamper, relax and provide lasting care. The masks from DR. BAUMANN cover the individual needs of intensive skin care. The effects can be intensified by applying an appropriate ampoule beforehand.

LIPOSOME MASK

With regular use, supplies the skin with skin-related lipids and valuable active ingredients such as aloe vera, macadamia oil, vitamin A, natural vitamin E, etc. With regular use, it causes significantly cleaner skin. The moisture content of the skin is sustainably increased, which Dryness lines are effectively counteracted. Hardened sebum and blackheads are dissolved more and more over time and skin impurities are slowly pushed back. The complexion becomes fresher, velvety, better supplied with blood and looks more attractive. The skin regains elasticity and freshness.

ALOE VERA MASK

With its valuable ingredients, this gel-based mask has a calming and soothing effect on stressed, irritated, reddened or impure skin. Thanks to aloe vera with its cooling, calming effect and medicinal herbs such as chamomile, basil, savory and rosemary, it is also ideal after sunbathing.

CREAM MASK

Normal, dry and very dry skin

Ideal if the skin not only needs moisture and active ingredients, but also the surface fat content is too low. Due to mild kaolin (healing earth), this mask has a cleansing and strongly calming effect. The active ingredients jojoba oil, lactate and basil intensively care for the skin at the same time.

CREAM MASK

oily and impure skin

Valuable ingredients such as kaolin (healing earth), kieselguhr, jojoba oil, shea butter and chamomile oil have a strongly calming and cleansing effect on this mask. It binds excess sebum and dead horny cells and has a fat-absorbing effect. The skin feels much smoother, cleaner and in the long run much less greasy.



Eye Care

Soft and gentle



EYE CREAM

Special cream for the care of the skin around the eyes

Rich cream with jojoba oil, vitamin E, vitamin A and provitamin B5 for the care of the sensitive and dry eye area to specifically counteract the small dryness lines. Also available as a tube.

EYE GEL

Special gel for the care of the skin around the eyes

Non-greasy gel with ceramides, hyaluronic acid and vitamin E that moisturizes the skin around the eyes. Recommended in case of insufficient tension. Due to its non-greasy consistency, it is also ideal as a base for eye make-up that adheres well. Also as a tube available.

EYE MAKE UP REMOVER

This mild cleansing emulsion is especially suitable for removal in the eye area. It cleanses your skin exceptionally gently and at the same time cares for it with high concentrations of nourishing ingredients such as skin-friendly oils, natural vitamin E and natural moisturizers. Like all DR. BAUMANN

Products naturally free of mineral oils.

EYE TONIC

Mild, watery tonic with chamomile extract. the regular use causes a significant

Revitalization of the eye area. That's what it's gonna be EYE TONIC applied to cotton pads and placed on the eye area for about 5 - 20 minutes, depending on requirements.

A tip for practice:

The combined use of both eye care preparations (first gel, then cream) has proven to be particularly effective.



Body Care and Body Cleansing

Well-groomed skin is simply more attractive



HAND CREAM

Hands cared for by DR. BAUMANN are more attractive and simply much more beautiful! The DR. BAUMANN hand cream intensively protects the stressed skin of the hands from drying cleaning substances and prevents premature skin aging. It absorbs immediately, so that you can touch paper again immediately after application without leaving any greasy residue.

NAIL AND CUTICLE OIL

Nail oil for the care of fingernails and toenails.

SHOWER AND BATH

Particularly gentle cleansing of the body skin with very mild cleansing substances. We then recommend applying one of the body lotions. If you have very dry, scaly body skin,

Intensive lotion and body lotion super very to recommend.

BODY LOTION ESSENTIAL

Contains particularly high concentrations of the most important active ingredients. These have a very strong moisture-increasing effect on the skin.

BODY LOTION

Body lotion without essential oils. Light and yet intensive care product for the body. Spreads very well and absorbs quickly. In the case of itching, tightness and dry skin, the Intensive Lotion or Body Lotion Super should be used. If you like a certain aroma when applying the body lotion, you can add one of our essential oils.

BODY LOTION SUPER

Would you like to pamper your body's skin and enjoy a pleasantly silky skin feeling? In addition to the finest natural oils such as shea butter and jojoba oil, this luxury preparation contains natural vitamin E, skin-related ceramides and moisturizing hyaluronic acid in high, skin-friendly concentrations. Ideal after every shower and bath.

BODY LOTION FRESH

Aromatic Body Lotion

Same ingredients as the body lotion without

Aroma. The lotions contain an aroma mixture of selected essential oils that give the body a delicate aromatic note and have a slightly invigorating ("fresh" aroma) or calming ("spicy-tart" aroma) effect.

ESSENTIAL OILS

- | | |
|----------------|-----------------|
| ■ ROSE | ■ LAVENDER |
| ■ NEROLI | ■ VERBENA |
| ■ GERANIUM | ■ SANDALWOOD |
| ■ YLANG YLANG | ■ LEMONGRASS |
| ■ MYRRH | ■ TURPENTINE |
| ■ TEA TREE | ■ BASIL |
| ■ BLACK PEPPER | ■ CITRO VANILLA |

A tip for practice:

These essential oils can be used on their own or mixed into one of the DR. BAUMANN preparations, depending on your requirements in terms of effect and/or aroma.



Special Care

The ideal solutions for specific skin problems



BODY SPECIAL LIGHT

Contains a high concentration of multilayered liposomes and special active ingredients (forskolin) from the Indian medicinal plant *Coleus Forskohlii*. An ideal liposome care for the body skin and problem areas such. B. Cellulite.

BODY SPECIAL STRONG

Highly effective lotion with a special combination of active ingredients from the Indian medicinal plant *Coleus Forskohlii* and substances that stimulate blood circulation. The metabolism is noticeably stimulated, which is ideal for cellulite. Do not use on spider veins and varicose veins due to the strong blood circulation stimulating effect. Use carefully in case of circulatory problems and hot weather. In these cases, Body Special Light is recommended.

DÉCOLLETÉ SPECIAL

Special gel-based preparation for the care of bust and décolleté.

BLEACHING CREAM

Mild special preparation for lightening the skin. Also suitable as a medium sunscreen.

PIMPLE CREAM

Special preparation for drying out and faster fading of pimples.

ZINC CREAM

Special preparation for drying out and faster fading of pimples. Also available as a tube.

ACTIVE CARE

The ultimate treatment for pimples and impure skin. High concentrations of tea tree oil, vitamin E, lecithin, zinc oxide and vitamin A ensure clearly visible results and a visibly more beautiful complexion. Active Care is applied to the entire face after thorough cleansing. With consistent, regular use in the morning and evening, significant improvements can be achieved on the skin.

INSECT STOP

Slightly fluid gel with a blend of essential oils such as lavender, citronella, clove and myrrh, with insect repellent properties. Pleasantly refreshing in warm weather.



Special Care

DEODORANT CREAM

A completely new development that reliably stops the build-up of odors throughout the day. This product is exceptional in terms of compatibility and effectiveness. It contains no aluminum and no essential oils. A new type of dispenser ensures both convenient and hygienic application.

DEODORANT EXTRA MILD

Works gently against sweat and annoying body odor.

DEODORANT EXTRA MILD

free of aluminum

Works gently against sweat and annoying body odor. Without aluminum.

DEODORANT

Manuka, Tea Tree and Lavender

Contains the same ingredients as deodorant extra mild, but also manuka, tea tree and lavender, which have a particularly intensive effect against annoying body odor.

TOOTHPASTE

Vitamin B12 toothpaste without fluoride

This toothpaste contains vitamin B12 and is therefore a good source of vitamin B12 supply. The variant without fluoride is very well suited for those people who use a fluoride-containing mouthwash after brushing their teeth.

TOOTHPASTE

Vitamin B12 toothpaste with fluoride

This tooth gel contains vitamin B12 and is therefore a good source of vitamin B12 supply. The variant with fluoride attaches particular importance to strengthening tooth enamel.

NASAL CREAM

Nose cream

For the care of the nasal mucosa. Valuable active ingredients such as natural vitamin E, panthenol, vitamin A and high-quality oils care for the nasal mucosa in a healthy way and reduce crust formation.

NASAL CREAM EUCALYPTUS

Nose cream with eucalyptus oil

For the care of the nasal mucosa. Valuable active ingredients such as natural vitamin E, panthenol, vitamin A and high-quality oils care for the nasal mucosa in a healthy way and reduce crust formation. The eucalyptus oil ensures a pleasant feeling of freshness when breathing through the nose.

EXFOLIATION MILD

A massage with round, gentle abrasives stimulates blood circulation in the skin without injuring it. The removal of dead skin particles prevents blackheads and impurities and supports the effect of the care products.

EXFOLIATING MEDIUM

A massage with round, gentle abrasives stimulates blood circulation in the skin without injuring it. The removal of dead skin particles prevents blackheads and impurities and supports the effect of the care products.

EXFOLIATING STRONG

A massage with round, gentle abrasives stimulates blood circulation in the skin without injuring it. The removal of dead skin particles prevents blackheads and impurities and supports the effect of the care products.

LIPSTICK FACTOR 7

Valuable active ingredients and oils care for and protect the sensitive skin of the lips both in cold weather and in the sun. Contains no mineral oils, which you will find particularly pleasant with prolonged use. Mineral titanium dioxide provides light UV protection.



The Perfect Hair Care

Gentle cleaning and care for the hair and scalp



SHAMPOO dry hair

For dry hair

The combination of mild detergents with moisturizing substances ensures gentle hair washing and prevents the hair and scalp from drying out. It can also be used daily. Use CONDITIONER SPECIAL and HAIR REVITALIZING LOTION for optimal hair and scalp care after washing.

SHAMPOO

For normal to oily hair

With this shampoo, very mild detergents form the basis for gentle washing. Only minimal refatting prevents the hair and scalp from drying out. Daily use is no problem. For optimal hair and scalp care after shampooing, CONDITIONER SPECIAL and HAIR REVITALIZING LOTION are recommended.

CONDITIONER SPECIAL

Improves the combability of the hair and, with regular use, gives the hair a silky, healthy shine thanks to D-panthenol and other selected active ingredients. Macadamia oil has an intensive nourishing effect on both the hair and the scalp, without making the hair heavy. Also highly recommended for grooming pets.

HAIR MASK

A preparation for the intensive care of stressed hair. Contains valuable natural oils such as sesame, abyssinian, shea butter and the vitamins panthenol and Vitamin E. When applied to damp hair after shampooing with a Dr. Baumann Shampoo, the Hair Mask is massaged into the ends of the hair and then washed out with water. In the Treatment of dry hair, the Hair Mask is used after a longer exposure time, even overnight and thoroughly washed out and rinse out with Dr Baumann Shampoo. The hair gets better structure with a slight shine. Curls stay in shape..

HAIR REVITALIZING LOTION

Special preparation for the daily care of hair and scalp.

Ideal care of the scalp and treats premature graying of the hair. Contains biotin (Vitamin H) and provitamin B5. Strengthens the hair roots.

STYLING MOUSSE

The mousse for long-lasting volume and strong hold, ideal for daily use after washing your hair. Gives your hairstyle a natural look without sticking. At the same time, the hair is cared for and protected by provitamin B5. Simply apply a small amount to damp hair and blow-dry your hair into shape, or you can shape your dry hair in a targeted manner.

HAIR SPRAY

Gives your hairstyle an extra strong hold and makes the hairstyle long-lasting. Simply spray onto the hair to set the hairstyle. To emphasize individual effects, you can spray the hairspray on your fingers and then style the hair. Hair Spray nourishes and protects your hair with biotin and provitamin B5.



Leg and Foot Care

Attractive legs and feet through high-quality active ingredients



The foot care products from DR. BAUMANN contain the same high-quality oils and active ingredients as the face care products!

FOOT BATH CONCENTRATE

Gently cleansing and invigorating foot bath with tea tree oil and other essential oils. Ideally suited as a preparation for the pedicure. Relaxing and soothing for tired, burning feet.

LEG LOTION

Intensive yet light lotion with horse chestnut extract. Ideal leg care for varicose veins and spider veins. Has a pleasantly invigorating effect on heavy and tired legs.

FOOT CREAM TEA TREE OIL

Since the feet are exposed to a variety of stresses that can lead to athlete's foot and foot odor, the skin on the feet also requires special care. This is a good way to prevent unpleasant problems..

CHAPS CREAM

Rich special cream with emollient active ingredients such as shea butter and urea. Ideal for calloused, cracked and rough skin and foot skin. Regular use makes it possible to walk again without any problems, even with deep cracks and severe callus formation. Also ideal for foot massage



Sun and Solarium

With highly effective sun protection
and nourishing self-tanning lotions



Particularly innovative and compatible sun protection products without chemical light protection filters and skin care products to refresh the skin after sun and solarium.

SUN LOTION FACTOR 20/30/35/50

Mineral UV Filters

Particularly innovative and well-tolerated sun protection preparation that does not contain any chemical light protection filters, but only light-protecting, mineral pigments. This sun lotion is waterproof and effective immediately after application..

SUN LOTION FACTOR 20/30/50

Compatible sun protection with skin protection vitamin E and high-quality synthetic sun protection filters, not waterproof. No whitening when applied, for an intensive, long-lasting tan.

SUN LOTION FACTOR 15/25

Free of oil and emulsifier

Particularly light, non-greasy sun protection gel with skin protection vitamin E and high quality synthetic light protection filters, contains no additional oils and emulsifiers, therefore also ideal for sun allergy sufferers, maximum sun protection 30 minutes after application..

SUN GEL FACTOR 10

Mineral UV Filters

Oil-free gel that contains no chemical light protection filter, but only light-protecting, mineral pigments, not waterproof. Suitable for particularly sensitive skin prone to sun allergies and „Mallorca acne“. Also ideal for sweaty physical activity.

SOLARIUM LIPOSOME

Based on a special principle of action. The skin protection vitamins E and beta-carotene are introduced into the skin by means of liposomes. The skin is ideally protected and cared for. Optimal tanning is promoted. Can also be used wonderfully as a body lotion, especially in summer.

AFTER SUN LOTION

Soothes and refreshes the skin after sun and solarium thanks to a special combination of active ingredients. Redness subsides faster and the intensity of the tan is enhanced. Ideal in combination with the regeneration-promoting vitamin A ampoule.

SELF TANNING LOTION

Harmless tan without the sun thanks to a sugar that already occurs in the body. Also ideal after sunbathing to soothe the skin while at the same time intensifying the tan. Can also be applied once a day instead of or before the face cream, depending on how much oil the skin needs. We expressly recommend using the Liposome Multi Active products beforehand because of the particularly good care effect of the liposomes and in order to achieve a tan that is as even and deep as possible.

LIP STICK FACTOR 7

Valuable active ingredients and oils care for and protect the sensitive skin of the lips both in cold weather and in the sun. Contains no mineral oils, which you will find particularly pleasant with prolonged use. Mineral titanium dioxide provides light UV protection.



Baby and Child Care

Particularly mild and gentle



Anyone who treats their offspring to bionome care quality that is just as high as they treat themselves will be delighted with these products.

BABY & KIDS CREAM

Particularly mild care with gentle and protective active ingredients for sensitive baby and children's skin.

BABY CLEANSING LOTION

Particularly mild cleansing for the delicate and sensitive skin of babies and children. Ideal as preparation for the Baby & Kids Cream..



Dietary Supplements



Dietary supplements from Dr. In connection with a health-conscious diet and external care with the liposome products and the other DR. BAUMANN preparations, Baumann SkinIdent create the optimal conditions for beautiful skin and a healthy body.

FOOD SUPPLEMENT VITAMIN MINERAL

With vitamins, minerals, trace elements

Mixture of active ingredients in capsule form as a dietary supplement. If you don't like a capsule, you can simply unscrew the capsule and sprinkle the contents into the food.

Contains exactly the vitamins, minerals and trace elements that the organism needs according to the scientific findings of Dr. Baumann SkinIdent research should be supplied as a supplement. The natural vitamin content of our food can decrease as a result of transport, storage, processing, etc. This should be compensated for by additional vitamin supplements to ensure a sufficient intake of vitamins that corresponds to the natural vitamin content of freshly harvested foods.

FOOD SUPPLEMENT OMEGA-3

With essential omega-3 fatty acids DHA and alpha-linolenic acid

Mixture of active ingredients in capsule form as a dietary supplement. Contains the essential omega-3 fatty acids DHA (docosahexaenoic acid) that the organism according to the scientific knowledge of dr Baumann SkinIdent research should be supplied as a supplement.

FOOD SUPPLEMENTS Vitamin B12

Lozenges with vitamin B12 and xylitol

Especially recommended for vegan diets, pregnancy and over the age of 50, regardless of the diet.

FOOD SUPPLEMENTS Vitamin D3

With vitamin D3

In summer we form about 90% of vitamin D through the effects of solar radiation in our skin. In the winter months, however, the necessary solar radiation is missing, so that many people have a vitamin D deficiency, at least in the winter months





Principles of our actions

For 30 years, the cosmetic chemist Dr. re. nat. Thomas Baumann and doctor and naturopath, Dr. medical Ernst Walter Henrich shared their goal of developing top-class bionomic skin care products.

Right from the start, they worked according to a clear concept that has proven itself: Dr. medical Based on dermatological criteria, Ernst Walter Henrich decides what is ideal for the skin and Dr. re. of course Thomas Baumann implements these specifications in the laboratory in an ingenious way. The result is the bionome top products available today from Dr. Bauman SkinIdent.



Dr. med. Ernst Walter Henrich



Dr. rer. nat. Thomas Baumann

Known are Dr. medical Ernst Walter Henrich and Dr. re. nat. Thomas Baumann also as authors of the specialist book „The evaluation of cosmetic ingredients using the INCI designations“. The work, which has now been published in its 5th edition, offers experts and interested end users useful information for assessing cosmetic products based on their ingredients.

The special bionome quality standards achieved are the result of continuous, systematic and ambitious research into the benefits of the skin and human health.

Supported worldwide by Dr. Baumann SkinIdent has supported many child and animal welfare projects for years. Also in the future, Dr. Baumann SkinIdent provide financial support for children and/or animal protection projects through state non-profit organizations. Likewise, environmental protection, animal and human rights are promoted through personal commitment and systematic educational work.



SkinIdent.com

With the best recommendations from your Dr. Baumann SkinIdent Institut:

SkinIdent AG
www.SkinIdent.com

Attention, please note: Only buy our products from an authorized cosmetics institute after receiving professional advice. Following a consultation at the institute, many institutes offer you the opportunity to buy the products via the cosmetics institute's password-protected online shop. According to our General Terms and Conditions, sales via other online shops not authorized by SkinIdent AG are prohibited. In the case of an unauthorized sale over the Internet, there is also a considerable risk that you will purchase a counterfeit or manipulated product of inferior quality. In the case of a purchase via an unauthorized online shop on the Internet, we reject any warranty.