



# BeauCaire®

PRODUCT PRESCRIPTIONS  
TREATING SKIN CONDITIONS  
& REACTIONS

## BEAU CAIRE -TREATING SKIN CONDITIONS & REACTIONS

	Night	Day
Cystic /Pustular Acne		
Cleansers/Toners	Face Cleanser/Tonic Lotion	Face Cleanser /Tonic Lotion
Liposomes	Tea Tree	Tea Tree
Ampoules	Recommended Dr Baumann Herb Vital/Niacin	Recommended Dr Baumann Herb Vital/Niacin
Creams	Super Sensitive light	Super Sensitive light
Eyes	Eye Gel (Opt)	Eye Gel (Opt)
Masks	Cream Mask	Cream Mask 2-3 times pw
SPF		Sun Gel SPF 8 oil free/Dr Baumann SPF 25 oil free

Moderate Acne		
Papules/Blackheads /Milia	Night	Day
Cleansers/Toners	Face Cleanser/Tonic Lotion	Face Cleanser/Tonic Lotion
Liposomes	Tea Tree	TeaTree
Ampoules	Dr Baumann Herb Vital	Dr Baumann Herb Vital
Creams	Intensive Tea Tree/Super Sensitive Light	Intensive Tea Tree/Super Sensitive Light
Eyes	Eye Gel	Eye Gel(Opt)
Masks	Cream Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Sun Gel SPF 8 oil free/Dr Baumann SPF 25 oil free

	Night	Day
Mild Acne /Comedones Milia		
Cleansers /Toners	Face Cleanser/Tonic Lotion	Face Cleanser/Tonic Lotion
Liposomes	Tea Tree	Tea Tree
Ampoules	Dr Baumann Herb Vital	Dr Baumann Herb Vital
Creams	Intensive Tea Tree/Super Sensitive Light	Intensive Tea Tree/Super Sensitive Light
Eyes	Eye Gel Opt	Eye Gel Opt
Masks		Cream Mask 2-3 times per week
SPF		Sun Gel SPF 8 oil free/Dr Baumann SPF25 oil Free

Sensitive Skin-Dry	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome medium	Liposome medium
Ampoules	Dr Baumann Lecithin/Humidity	Dr Baumann Lecithin/Ceramid
Creams	Super Sensitive medium/ Super Sensitive rich	Super Sensitive medium/ Super Sensitive rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30

Sensitive/Couperose	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome Light	Liposome light
Ampoules	Dr Baumann Horse Chestnut/Lecithin	Dr Baumann Horse Chestnut/Ceramid
Creams	Super Sensitive Light/medium	Super Sensitive light/medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask as recommended	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30

Sensitive/Weather Related	Night	Day
Cleansers /Toners	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes	Liposome Medium	Liposome Medium
Ampoules	Dr Baumann Lecithin/Humidity	Ceramid
Creams	Super Sensitive Medium/Rich	Super Sensitive Medium/Rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20-30

	Night	Day
Sensitive/Eczema/Psoriasis/ Dermatitis		
Cleansers /Toners	Cleansing Milk/Gel Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome light	Liposome Light
Ampoules	Dr Baumann/ Lecithin/Evening Primrose	Ceramid/Lecithin
Creams	Super Sensitive Light/Medium	Super Sensitive Light/Medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30



Mature Skin	Night	Day
Cleansers /Toners	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Super/Liposome Medium	Liposome Super/Liposome Medium
Ampoules	Dr Baumann Vitamin A/Niacin	Humidity/Niacin
Creams	Super Sensitive Medium/Super Sensitive Rich	Super Sensitive Medium/Super Sensitive Rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF20-30

Sun Damaged/Smokers Skin	Night	Day
Cleansers /Toners	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome Medium/Liposome Super	Liposome Medium /Liposome Super
Ampoules	Dr Baumann Niacin/Glucosamine	Dr Baumann Vit E acetate /Hyaluron
Creams	Super Sensitive Rich/medium	Super Sensitive Rich/Medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

	Night	Day
Premature Ageing (Fine lines and wrinkles)30+		
Cleansers /Toners	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Dr Baumann Liposome Ceramid	Dr Baumann Liposome Ceramid
Ampoules	Dr Baumann Vit A/Niacin	Humidity/Glucosamine
Creams	Super Sensitive Medium/Rich	Super Sensitive Medium/Rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Excessively Peeled Skin Chemical peels/laser/acutane Acutanelactic acid fruit acid	Night	Day
Cleansers	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Dr Baumann Liposome Ceramid/Essential	Dr Baumann Liposome Ceramid/Essential
Ampoules	Dr Baumann Lecithin/Evening Primrose	Dr Baumann Humidity/Ceramid
Creams	Super Sensitive light/Medium/	Super Sensitive Light/Medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20

	Night	Day
Adult Acne		
Cleansers	Cleansing Gel/Tonic Lotion	Cleansing Gel/Tonic Lotion
Liposomes	Liposome Tea Tree	Liposome Tea Tree
Ampoules	Dr Baumann Niacin	Dr Baumann Herb Vital/Glucosamine
Creams	Super Sensitive Light/Medium	Super Sensitive Light/Medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann Sun Gel SPF 25 oil free/Beau Caire SPF 8 oil free

Dehydrated Skin	Night	Day
Cleansers	Cleansing Gel/Milk/Tonic Lotion	Cleansing Gel/Milk/Tonic Lotion
Liposomes	Liposome Medium/Super	Liposome Medium/Super
Ampoules	Dr Baumann Hyaluron/Humidity	Dr Baumann Hyaluron/Ceramid
Creams	Super Sensitive medium/Intensive medium/Rich	Super Sensitive Medium/Rich/
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per day	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Dry Skin (Lack of Oil)	Night	Day
Cleansers	Cleansing Milk/Gel/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
Liposomes	Liposome medium/Super	Liposome Medium/ Super
Ampoules	Dr Baumann Vit E 100%	Dr Baumann Humidity/Ceramid
Creams	Super Sensitive Medium/Intensive medium Rich	Super Sensitive Medium/Rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

Hyperpigmentation	Night	Day
Cleansers	Cleansing Gel/Cleansing Milk/Toner	Cleansing Gel/Cleansing Milk/Toner
Liposomes	Liposome Light/Medium	Liposome Light/Medium
Ampoules	Dr Baumann Niacin/Glucosamin	Dr Baumann Niacin/ Vit E Acetate/(if dry) Ceramid
Creams	Super Sensitive Light/Medium	Super Sensitive Light/Medium
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50



Firming & Lifting	Night	Day
Cleansers	Cleansing Gel/Cleansing Milk/Toner	Cleansing Gel/Cleansing Milk/Toner
Liposomes	Liposome Super	Liposome Super
Ampoules	Dr Baumann Niacin/Glucosamin	Dr Baumann Niacin/ Ceramid
Creams	Super Sensitive Medium/Rich/Intensive Medium	Super Sensitive Medium/Rich
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	Cream Mask 2-3 times per week
SPF		Dr Baumann SPF 20/30/50

	Night	Day
EYES		
Cleansers	Cleansing Gel	Cleansing Gel
Liposomes	Any Liposome	Any Liposome
Ampoules	Dr Baumann Humidity/ Niacin	Dr Baumann Humidity/Ceramid
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Gel Mask 2-3 times per week	
SPF		SPF 12