



**SkinIdent®**

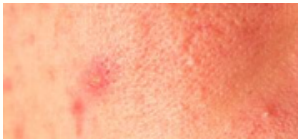
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swiss  
quality 

	Cystic /Pustular Acne	
Application of products in order:	Night	Day
Cleansers/(Toners optional)	Facial Cleanser/Facial Tonic Lotion	Facial Cleanser/Facial Tonic Lotion
Liposomes (one pump)	Dr Baumann Tea Tree Manuka and Lavender	Dr Baumann Tea Tree Manuka and Lavender
Ampoules (one drop)	Recommended Dr Baumann Herb Vital	Glucosamin Super
Creams	Dr Baumann Zinc Cream	Dr Baumann Zinc Cream
Eyes	Eye Gel/Eye Cream	Eye Gel/Eye Cream
Masks		Dr Baumann Cream Mask Oily and impure skin, 2-3times per week (10 to 15mins)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 25 Oil Free



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	Mild Acne /Comedones Milia	
<b>Application of products in order:</b>	Night	Day
<b>Cleansers/(Toners optional)</b>	Face Cleanser/Facial Tonic Lotion	Face Cleanser/Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Dr Baumann Active Care	Dr Baumann Active Care
<b>Ampoules (one drop)</b>	Dr Baumann Herb Vital	Glucosamin Super
<b>Creams</b>	Dr Baumann Sensitive Super Light/Silver Cream	Dr Baumann Sensitive Super Light/Silver Cream
<b>Eyes</b>	Eye Gel/Eye Cream	Eye Gel/Eye Cream
<b>Masks</b>		Dr Baumann Cream Mask Oily and impure skin, 2-3 times per week (10 to 15mins)
<b>SPF</b> Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 25 Oil Free



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	<b>Moderate Acne/ Papules/Blackheads /Milia</b>	
<b>Application of products in order:</b>	Night	Day
<b>Cleansers/(Toners optional)</b>	Face Cleanser/Facial Tonic Lotion	Face Cleanser/Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Dr Baumann Active Care	Dr Baumann Active Care
<b>Ampoules (one drop)</b>	Dr Baumann Herb Vital	Glucosamin Super
<b>Creams</b>	Dr Baumann Sensitive Super Light/Silver Cream/Dr Baumann Zinc Cream	Dr Baumann Sensitive Super Light/Silver Cream
<b>Eyes</b>	Eye Gel/Eye Cream	Eye Gel/Eye Cream
<b>Masks</b>		Dr Baumann Cream Mask Oily and impure skin, 2-3 times per week (10 to 15mins)
<b>SPF</b> Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 25 Oil Free



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	Premature Ageing (Fine lines and wrinkles)	
<b>Application of products in order:</b>	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Gel/ Facial Tonic Lotion	Cleansing Milk/Gel/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Ceramid	Liposome Ceramid
<b>Ampoules (one drop)</b>	Vit E+A lipid	Glucosamine Super/Hyaluron Urea
<b>Creams</b>	Vitamin Cream/Oily N or Dry	Vitamin Cream Oily/N or dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6





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	Sensitive Skin-Dry	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Facial Cleanser/Facial Tonic Lotion/Cleansing Milk	Facial Cleanser/Facial Tonic Lotion/Cleansing Milk
<b>Liposomes (one pump)</b>	Liposome Pure Essential	Liposome Pure Essential
<b>Ampoules (one drop)</b>	Lecithin Ceramid	Hyaluron Urea
<b>Creams</b>	Ceramid Cream for Dry Skin/Essential for Dry skin	Ceramid Cream for Dry Skin/Essential for Dry skin
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove)	Cream mask 1-2 times per week (10 to 15mins)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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	Hyperpigmentation	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Vitamin/ Liposome Vitamin Super	Liposome Vitamin/ Liposome Vitamin Super
<b>Ampoules (one drop)</b>	Dr Baumann Niacin	Glucosamin Super
<b>Creams</b>	Vitamin Cream Dry/Oily Normal/Dr Baumann Bleaching Cream	Vitamin Cream Dry/Oily Normal/Dr Baumann Bleaching Cream
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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	Sensitive/Couperose	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Pure Essential	Liposome Pure Essential
<b>Ampoules (one drop)</b>	Dr Baumann Horse Chestnut	Lecithin Ceramid
<b>Creams</b>	Essential Cream N/Oily or Dry	Essential Cream N/Oily or Dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove)	Cream Mask 1-2 times per week (10 to 15mins)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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	Sensitive/Weather Related	
Application of products in order:	Night	Day
Cleansers/(Toners optional)	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
Liposomes (one pump)	Liposome Essential	Liposome Essential
Ampoules (one drop)	Hyluron Urea	Lecithin Ceramid
Creams	Ceramid Cream Oily and Normal or Dry	Ceramid Cream Oily and Normal or Dry
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6





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	Sensitive/Eczema/Psoriasis/ Dermatitis	
<b>Application of products in order:</b>	Night	Day
<b>Cleansers/(Toners optional)</b>	Face Cleanser/Cleansing Milk/Tonic Lotion	Cleansing Milk/Gel/Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Essential/Liposome light	Liposome Essential/Liposome Light
<b>Ampoules (one drop)</b>	Hyaluron -Urea	Lecithin Ceramid
<b>Creams</b>	Ceramid Cream Oily and Normal or Dry	Ceramid Cream Oily and Normal or Dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>		Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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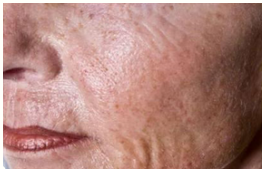
	Mature Skin	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Face Cleanser/Cleansing Milk/Tonic Lotion	Face Cleanser/Cleansing Milk/Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Vitamin/Liposome Super/Liposome Vitamin Super	Liposome Vitamin/Liposome Super/Liposome Vitamin Super
<b>Ampoules (one drop)</b>	Hyaluron Urea	Glucosamin Super/Lecithin Ceramid
<b>Creams</b>	Ceramid Cream/Super Cream/Vitamin Cream	Ceramid Cream/Super Cream/Vitamin Cream
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 Skinident Sun Solarium SPF 6



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	Sun Damaged/Smokers Skin	
Application of products in order:	Night	Day
Cleansers/(Toners optional)	Facial Tonic Special/Face Cleanser/Cleansing Milk Special	Facial Tonic Special/Face Cleanser/Cleansing Milk Special
Liposomes (one pump)	Liposome Vitamin/Liposome Super/Liposome Vitamin Super	Liposome Vitamin/Liposome Super/Liposome Vitamin Super
Ampoules (one drop)	Dr Baumann Niacin/Glucosamin Super (SkinIdent)	Hyaluron Urea/Lecithin Ceramid
Creams	Vitamin Cream Oily/N or Dry Skin	Vitamin Cream Oily/N or Dry Skin
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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	Excessively Peeled Skin Chemical peels/laser/ Acutane/lactic acid /fruit acid	
<b>Application of products in order:</b>	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Essential	Liposome Essential
<b>Ampoules (one drop)</b>	Hyaluron Urea	Lecithin Ceramid
<b>Creams</b>	Pure Essential Oily/normal or Dry	Pure Essential Oily/normal or Dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask twice per week (do not remove) (night or day)	Cream Mask 1-2 times per week (10 to 15mins) (night or day)
<b>SPF</b> Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6





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	Adult Acne	
Application of products in order:	Night	Day
Cleansers/(Toners optional)	Facial Cleanser/Facial Tonic Lotion	Facial Cleanser/Facial Tonic Lotion
Liposomes (one pump)	Dr Baumann Active Care	Dr Baumann Active Care
Ampoules (one drop)	Dr Baumann Herb Vital Vitamin CHD Panthenol	Glucosamine Super
Creams	Dr Baumann Silver Cream	Dr Baumann Silver Cream
Eyes	Eye Gel/Cream	Eye Gel/Cream
Masks		Cream Mask 2-3 times per week (10-15 mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann Sun Gel SPF 25 oil free/SkinIdent Sun Solarium SPF 6



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	Dehydrated Skin	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Ceramid	Liposome Ceramid
<b>Ampoules (one drop)</b>	Hyaluron Urea	Lecithin Ceramid
<b>Creams</b>	Ceramid Cream Normal/Oily/Dry	Ceramid Cream Normal/Oily/Dry
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 1-2 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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	Dry Skin (Lack of Oil)	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Vitamin/Liposome Vitamin Super	Liposome Vitamin/Liposome Vitamin Super
<b>Ampoules (one drop)</b>	Vitamin E+A,Lipid	Lecithin Ceramid
<b>Creams</b>	Vitamin Cream Dry Skin	Vitamin Cream Dry Skin
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6



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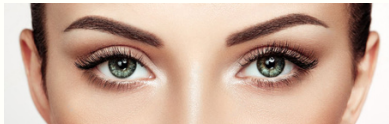
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	Firming & Lifting	
Application of products in order:	Night	Day
<b>Cleansers/(Toners optional)</b>	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion	Cleansing Milk/Facial Cleanser/ Facial Tonic Lotion
<b>Liposomes (one pump)</b>	Liposome Vitamin Super/Liposome Super	Liposome Vitamin Super/Liposome Super
<b>Ampoules (one drop)</b>	Dr Baumann Niacin/Glucosamine Super	Lecithin Ceramid/Glucosamine Super
<b>Creams</b>	Ceramid Cream/Super Creams (as recommended)	Ceramid Cream/Super Creams (as recommended)
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid Mask 2-3 times per week (do not remove) (night or day)	Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 20/30/50 SkinIdent Sun Solarium SPF 6





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	EYES	
Application of products in order:	Night	Day
Cleansers/(Toners optional)	Facial Cleanser	Facial Cleanser
Liposomes (one pump)	Liposome Ceramid	Liposome Ceramid
Ampoules (one drop)	Hyaluron Urea	Hyaluron Urea
<b>Creams</b>		
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>	Liposome Vitamin Ceramid 2-3 times per week	Liposome Vitamin Ceramid 2-3 times per week
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only	As used on the face	As used on the face

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	Seborrhoea	
Application of products in order:	Night	Day
<b>Cleansers / (Toners optional)</b>	Facial Cleanser	Facial Cleanser
<b>Liposomes (one pump)</b>	Liposome Light/Liposome Essential	Liposome Light/Liposome Essential
<b>Ampoules (one drop)</b>	Glucosamine Super/Hyaluron Urea	Lechitin Ceramid
<b>Creams</b>		
<b>Eyes</b>	Eye Gel/Cream	Eye Gel/Cream
<b>Masks</b>		Cream Mask 2-3 times per week (10 to 15mins) (night or day)
SPF Can use SPF Sun Products (optional) over Liposome and Ampoule, no cream, for day use only		Dr Baumann SPF 25 /Oil Free SkinIdent Sun Solarium SPF 6